You should be feeling pretty confident with your stockpile and survival ability at this point. Your storage room should be filling up nicely. If you need more shelves, now is the time to buy them. If you feel like your stockpile is outgrowing your space, it's time to get creative.

### What to Purchase

We're going to get into the bigger items that are more of a long-term survival need. Think along the lines of having these things in your retreat or bunker or wherever it is you plan on living out the apocalypse.

### **Heirloom Seeds**

This is a must-have. Buy a container of heirloom seeds or pick and choose heirloom seeds that you know your family will eat. Store your seeds correctly to ensure viability when you need it. Heirloom seeds are the only kind of seeds that will grow fruits and vegetables with seeds that can be harvested and then planted the following year. The cheap hybrid seeds you buy at your local stores are not the same. The seeds you pull from your hybrid seeds will not grow plants that produce the same kind of fruit or vegetable.

### **Bulk Water Filter**

A bulk water filter is going to give you several gallons of water to drink without having to wait for water to be bleached or purified. These larger systems are ideal for families or in a place where you plan on staying for a while. Having fresh water on hand is a huge luxury. Good ones to check out for your countertop are <u>Berkey</u>, and <u>Propur</u>. For survival systems I like the <u>Sawyer All in One</u>, all you need is a 5 gallon bucket. I also like the <u>LifeStraw Family</u>.

## **Solar Charger**

This portable solar charger system is perfect for sliding in a backpack to take your power with you on the move. You can charge your phone or tablet or AA batteries with this solar charging system. It is durable and enough juice in full sun to get your GPS unit charged up. For a bug out bag I like <u>Goal Zero Guide 10</u>. This charges AA and AAA. Use your Eneloop batteries you purchased in class number 3. For larger battery pack I like the <u>Jackery</u>.

## **Military Poncho**

One of the most important rules in survival is to stay dry at all times. A good-quality military poncho or an Army raincoat is an excellent choice. The dark colors allow you to blend in with the environment while staying dry. Don't forget to pack ponchos for the kids as well. This is a cheap good one I have from <a href="Amazon">Amazon</a>. But if you want the best, call Old Grouch's Military Surplus and ask for Tim. Tim had a poncho made from Military Specs that is the best poncho around. Tell him I sent you. Their number is (828) 627-0361. You may have to leave a message.

### Sun Oven

SUN OVENS harness the natural power of the sun to cook or bake unbelievably the most delicious food while being prepared for an emergency, reducing energy costs and benefiting the environment around the world. SUN OVENS can have an enormous impact on the everyday life of millions of people by: 1. Reducing the demand on forests. 2. Reducing health hazards. 3. Improving women's conditions. It saves lives and it bakes awesome food. BTW – I am the CEO © Call Jessica at 800-408-7919. Tell her I said to give you a discount.

The top 12 reasons why a SUN OVEN® is the best bang for your buck

- When placed side by side with most homemade cookers and knockoffs a SUN OVEN® will reach temperatures which are 75 to 100 degrees hotter. (Consistently reaches temperatures of 360 to 400 Degrees Fahrenheit)
- 2. On a partly cloudy day the **SUN OVEN**® can cook when the majority of solar cookers cannot. (There only needs to be enough sun to cast a shadow to use a **SUN OVEN**® while full sunlight is required for the others.)
- 3. You can use a wide variety of pots and pans you already own in the **SUN OVEN**® (including cast iron Dutch Ovens and stoneware). In other solar cookers you can only use the dark enamel pots.
- 4. **SUN OVENS®** have been on the market since 1986 and are designed to last for 15 years of daily use in developing countries and 20+ years in the US.
- 5. Due to its long life and ability to cook on partly cloudy days, a **SUN OVEN®** costs less per meal than any other type of solar cooker.
- 6. Bread can be baked in a **SUN OVEN®** on a partly cloudy day. Most solar cookers do not get hot enough to bake bread, but if they can, full sun is required.
- 7. The **SUN OVEN**® is the only solar cooking device that allows you to cook quickly or slowly. Other Solar cookers can only cook slowly. (There are two ways to cook in a **SUN OVEN**®. If it is refocused every 25 to 30 minutes, the temperature will remain higher and the cooking time will be less. The other alternative is to use the **SUN OVEN**® as a slow cooker. A meal can be put in the oven in the morning and the oven can be placed where the sun will be at mid-day and the meal will slow cook throughout the day and be ready whenever you want to have dinner.)
- 8. For the past 28 years, **SUN OVENS**® have been proudly made in the United States. (With the exception of the thermometer, all of the component parts used in the **SUN OVENS**® are made in the USA.)
- 9. A portion of the proceeds from every **SUN OVEN**® purchased in the U.S. goes to help with our work in third world countries around the world.
- 10. In addition to cooking, a **SUN OVEN®** can also be used as a solar dryer or dehydrator.
- 11. Satisfaction guaranteed! If you are not completely satisfied with your **SUN OVEN®**, you may return it anytime within the first 30 days and receive a full refund.
- 12. The **SUN OVEN®** is very user friendly
- 13. FREE Sun Oven Workshop Here

### **Multi-Tool**

Yes, another one! Multi-tool is a lot like a Leatherman, but it is going to be a little bigger and have a few more handy tools on it. You can find them with a few tools up to twenty or more. The key is to look for a quality tool that will last you through more than a couple of uses. This one is for you to carry with you everyday.

### **Katadyn Micropur Purification Tablets**

The rule of thumb in survival is all water is unsafe to drink. You can't trust any water that you find unless you see it bubbling up from a spring and even then it is always good to be safe rather than sorry. A purification tablet is basically a little bleach. You drop it into the water, wait a bit and then it's safe for you to drink. You will want a lot of these on hand. The tablets can be stored for years, while bleach can only be stored for six months. Check this video out on P&G's tablets. These are another alternative.

### **Shortwave Radio**

You don't realize how much you depend on the news until it is gone. When you are completely cut off from the world, you will need some way to find out what is happening. A shortwave radio can be used to pick up AM stations that will likely still be up and running. You can find out what's happening, get an idea of what to expect and even get a little music. Music will truly be a vital part of your life when the world has gone dark and silent. Sony ICF-SW7600GR AM/FM Shortwave and Tecsun PL880 Portable Digital PLL

### **More Rechargeable Batteries**

More rechargeable batteries in all sizes are going to be needed to keep your surviving electronics going. Rechargeable is ideal because you won't have to store as many. You would have to store cases and cases of regular batteries instead of a few of each of the rechargeable. This is a big deal when space is an issue. <a href="Eneloop AA Batteries">Eneloop AA Batteries</a>, <a href="AAA16">AAA16</a>, <a href="AAA16">AAA16</a>

# Alton's Pandemic Preparedness Guide: Dealing with Emerging and Current Viral Threats

In the Alton's Pandemic Preparedness Guide, Dr. Joseph Alton, a Medical Doctor and Amy Alton, a Nurse-Practitioner, tell you what strategies will give you the best chance of keeping your family safe during infectious disease outbreaks. The Altons have been researching and writing about this subject for over 10 years. They discuss all you need to know about home care of the sick patient, face masks

(what you need and how to reuse them) and personal protection equipment gear (how to put on and take them off safely), prevention measures called non-pharmaceutical intervention, including hand hygiene and social distancing, and even boosting your immune system to give you the best chance of preventing severe illness. You'll learn all about various viral threats, but especially the pandemic diseases, and basics about what viruses are, the origins of viral research, the history of viral pandemics, and more.

### **Alerts USA Alerts Service**

I rely on this Alert Service EVERYDAY!!!

Those that have it LOVE it!

With AlertsUSA you will get news alerts long before other news agencies release it. When disasters or attacks happens near you, Time is of the Essence!!! PrepperNET members and students of this course get a discounted price of \$75/year. That's 25% off.

Do you know why officials within the Department of Defense, FEMA, DHS, local governments, private industry and many others use the AlertsUSA service for notification of breaking developments on the homeland and national security fronts? Simple. Our speed, accuracy and breadth of reporting is unparalleled.

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From terror alerts to tsunami warnings, from nuclear power plant emergencies to infectious disease outbreaks, <u>AlertsUSA</u> is the gold standard for up to the minute notification of homeland security alerts and threat information.

# **Train/Action**

### **Go Camping**

Grab your tent, basic gear and head out for a three-day camping trip. Do what you can to rough it. If you can't find a place to camp without modern conveniences, try to do without as much as you can. Skip the glamping and really

camp—in a tent. This is going to give you that real-life experience of what you can expect when you really have to sleep under the stars.

### **Find Temporary Bug Out Locations**

If you have public lands around you, take a hike and scope out some good places that you could bug out to. Avoid going on to anyone's private land. This could get you shot. You're not the only prepper. Other folks by land off the grid to bug out too. You don't want to encroach on their territory for even a single night. Also, think about rental homes.

### **Get HAM Operator License**

Do what's necessary to get a license to run a HAM radio. There are classes you must take. You can decide what level of training you want to excel to. You can study up and take a test to pass or participate in a paid course. You'll need a lot of practice and training to really make this an effective communication tool. When you know what you're doing and you have the right equipment, you can talk to people on the other side of the country. It's easy! I used an app that had the questions and just studied the questions and answers.

### **IDPA** Class

You can never know too much about how to use your gun to protect yourself. Taking an International Defensive Pistol Association class can not only improve your marksmanship but give you some essential skills that can mean all the difference in a gun battle. Learning how to handle the gun, use a flashlight with the gun and how to shoot while on the move are just some of the skills you can expect to learn. Good <u>video</u> on getting started in IDPA. This is more about you learning how to handle a gun and shooting fast and accurate. The competition is mostly against yourself.

### Manuals & Photos to USB Drive

## Join **AmrRON**

This is an excellent network to be a part of. The American Redoubt Radio Operators Network is a good place to gather information and learn things you can't learn in any book. You will get the benefit of talking with people who have been living and breathing prepping for decades and plenty of experience. You will connect with fellow preppers and patriots who are doing just like you and preparing to survive a world that has completely collapsed for one reason or another. Video 1, Video 2

# Mindset

- Checkout <u>SHTFPlan.com</u>
- Read "Day of Wrath" by William Forstchen
- Read "The Survival Group Handbook" Charley Hogwood
- Read "Surviving Off Off-Grid" by Michael Bunker
- Watch "10 Cloverfield Lane" yes it's scary but it gives you a peek at a prepper's bunker and has a weird twist at the end.
- Read "United States Air Force Search and Rescue Survival Training"
- Watch <u>AmRRON's CommsUp</u>