You're in the homestretch. You've been focused, saving money to buy what is needed and putting in the time and energy to be well-stocked and well-trained. Now, there's only a little more to do. Remember, you never stop prepping. Once you get six-months of food on the shelf, you go for nine months and keep going.

# What to Purchase

Last items on the list are going to help round out what you already have. Again, this is a guide. You can always buy more as your budget allows. When you get through the first twelve months, turn around and start back at the top, doing it all over again. Keep adding. You'll learn from experience and have a better idea of what you are looking for and where to get the best deals.

#### **CAT Tourniquet** (3)

A combat application tourniquet is going to be part of your trauma kit. This is a last ditch effort to save a person's life if they are bleeding out at a major artery. It can be applied with one hand, which is essential if you are all alone and severely bleeding. The tourniquet will apply pressure to stop the bleeding. These are a standard inclusion for our military forces in the field. Always go with North American Rescue here. <u>C-A-T Combat Application Tourniquet</u>, <u>EAGLE BLS IFAK</u>, <u>Individual Bleeding Control Kit</u>,

#### **SABRE Red Pepper Gel**

This is the good stuff and you can buy the police strength gel online. It is pepper spray. Have it handy to fend off an attacker that gets too close. If you are in a wooded area and encounter a bear, this is also a very handy tool to have at the ready. Keep in mind, pepper spray is only useful in a close combat situation. It isn't going to do much more than stun and temporarily blind an attacker. If the attacker continues to pursue, a more lethal self-defense option is going to be necessary. <u>Pepper Gel Spray for Runners</u>

#### **Ear Protection**

Howard Leight electronic earmuffs allow you to practice shooting without blowing your hearing out. These particular earmuffs allow you to hear conversations while protecting your hearing from the loud sounds of gunshots. While you won't use these a lot in a survival situation, you need to protect your hearing so you have it when you need it most. Shooting Earmuff

#### **More Ammo**

Buy at least another five-hundred rounds of .223 and another five-hundred rounds of 9mm bullets. Your gun may be the only thing you can count on in a post-apocalyptic world. Make sure you can use it. Store it correctly. Toss in oxygen absorber packets or store in a safe that is airtight.

### UHF/VHF/HF HAM Radio

This is going to be your bigger purchase for this period. You can buy used or new. This radio is going to be what puts you in contact with the outside world after a collapse. Store it in your galvanized trash can to make sure it is safe from an EMP. Don't buy until you are ready to learn. <u>Ham Radio Outlet</u>,

### Mr. Heater

You will always need heat.

<u>Portable Propane Heater Big Buddy</u> and <u>Little Buddy</u>. Buy a few of these <u>tanks</u> from Walmart. <u>Buy this Adapter</u> and refill these smaller tanks from a larger and cheaper normal grill tank.

### Membership with PrepperNet

Groups are your most important prep!

## **Duffle Bags**

You will find yourself using every duffle bags that you have. You will cumulate a lot of good prepper and survival gear. Buy many! <u>Extra Large Duffle Bag</u>

#### **Tote Box**

<u>Tote Boxes</u>. These are great boxes for storage. Do NOT buy from amazon. This link is just to show you what I am talking about. Buy these from Home Depot or Lowe's

## **HomePatrol Series Digital Handheld Scanner**

# **Train/Action**

You'll want to have gotten yourself in shape and ready for anything by this point. You should feel comfortable heading out for a camping trip with whatever you have in your bug out bag. Knowledge is power and you have been diligently reading and studying and learning. Now, it is time to put it to use.

### Documents

Make copies of all the important documents and keep them in a separate binder in case you can't get to your safe or the safe is somehow stolen. You will likely need to pay for certified copies of marriage and birth certificates. Buy a couple to keep on hand.

## Take a Trauma Class

This is a step up from a standard First Aid class. You want to know how to handle real emergencies. You can do a search online to find one near you. Battlefield or combat field medicine tactics are what you need. This is going to show you how to handle those major emergencies that go beyond basic first aid skills. Dr. Bones and Nurse Amy or North America Recue.

## Binder

That binder we've been talking about needs to be made at this point. You probably have a file somewhere on your computer or maybe you've printed out important information and have it stashed on your desk. Put everything into the binder along with all the manuals you can get your hands on. Buy paperback books and keep them handy as well.

## **Target Practice**

Take all your guns and shoot some rounds at the local shooting range. You want to sight in your rifles and make sure they are in good working order. Get a feel for each of the guns. You need to know what kind of kickback to expect. Make it a point to become an excellent shot. An okay shot isn't going to cut it when your life is on the line.

## **Bug Out Location**

We talked earlier about finding a temporary bug out location, but now it is time to look at something long-term. You want a couple acres if possible, somewhere off the beaten path with access to water. If you can afford to buy a piece of land like that, do it. It is a worthy investment. If not, you need to look at family who will be willing to take you in if you have to bug out of your home after an emergency.

# **Tactical Gun Class**

You will want to give yourself some exposure to a tactical gun fight. You can find classes that are used to train today's police with active targets to give you the best real-life scenarios. It will help hone your skills while teaching you what to look for and how to carry your weapon as well as how to be the victor in a close-combat situation. You'll be taught how to shoot while lying on your back or side as well as best ways to take cover.

# Mindset

You can always find interesting tidbits on the internet on any one of the many survivals and prepper blogs. Pick a few you really enjoy reading and make it a point to read new posts. Watch movies that depict disaster scenarios, even the zombie apocalypse type shows. They give a glimpse of what it would be like in post-disaster world.

- Read "<u>299 days</u>" Glen Tate (10 books)
- Read "<u>The Borrowed World</u>" Franklin Horton (7 books)
- Read "<u>100 Deadly Skills</u>" book
- Read "Spy Secrets That Can Save Your Life" Jason Hanson
- Read "Extreme Privacy: What It Takes to Disappear in America" Michael Bazzell
- Watch "The Black Sky Event Documentary" when it's released
- Watch "Civilization Is Only Nine Meals Away From Anarchy" on YouTube